

PROGRESS NOTES

Volume 4 Issue 1

Center Street Counseling Services, Inc

SEPTEMBER 2009

*Serving
for our
26th
year.*

WE'RE BACK ! ...CENTER STREET NOW IN MANSFIELD!

Center Street Counseling Services officially moved to Mansfield three years ago this summer. We are leasing space from the very gracious folks at the Wesley Mission Center which is part of the First United Methodist Church in Mansfield. We have two counseling rooms, an administrative office, with access to a waiting room and office suite. This is a much smaller space than what we had in Arlington, but it is quite workable for our current structure and size.

Our current staff consists only of our Executive Director, Marty Jeane. We have three current Interns, Cheryl Moses, who practices out of St. Barnabas United Methodist Church in Arlington. Cheryl will shortly be fully licensed. She has finished all requirements for her internship. Our second intern is Patti Gatlin. She works full-time for the Mansfield ISD as a Middle school counselor, and is finishing her experience requirements for a more general population with us. *(Continued on page 2)*



CSCS moves to a new location.

Executive Director's Notes "Transitions" Marty Jeane PhD

Well, the last three years have been interesting. We moved from the house on the corner of Center and North Streets in Arlington on December 31, 2005. For 6 months we were temporarily housed in Arlington with former CSCS colleagues, Mike Thomas and Cynthia Fincher. On July 1, 2006, the Wesley Mission Center, a ministry of the First United Methodist Church of Mansfield, opened a new wing in its

building. We were able to lease an administrative office and counseling room.

This has been a welcome change. Our expenses fell dramatically. My stress and blood pressure fell also. I'm sure this added a few more years to my life.

God was not through blessing us. After our move, I was informed that

a friend of this ministry had remembered us in her will. The funds were not enough to never have to fund-raise again, but enough to keep us going for these three years— what a blessing! Again, a few more years get added to my life-span.

Well all good things tend to come to an end— way too

(Continued on page 2)

Center Street in Mansfield,

(Continued from page 1)

We also welcome back a former student working now as a third intern, Tracey Murphy will be working, hopefully in the Burleson area, as a Licensed Professional Counselor Intern. We are also grateful to have had a student working with us this summer, Erin Gracey, who is finishing her Masters of Arts in Counseling from Argosy University in Dallas. We are also looking forward to a new student who will be with us in the fall.

We also want to congratulate Teresa Franklin for recently fulfilling all requirements for full licensure as a Professional Counselor. Teresa works as a consultant and professional colleague with the other counselors at CSCS.

“We can do a better job of caring We just need the resources to do so”

Changes throughout our society and our economy continue to create more and more demand for mental health services. For the past 26 years, CSCS has provided mental health services to anyone who requests them. Unfortunately we have had to put a large number of patients on a longer waiting list than ever before. It has been impossible for us to see many clients in need promptly.

Our Executive Director, Dr. Marty Jeane, has proposed that CSCS begin a funding drive to promptly help all those who call for services. “We can do a better job of caring for those in need. We just need the resources to do so,” Jeane says. Appeals will be made for direct help with counseling support and for help with our general operating budget.

CSCS has been in transition like many of our clients. We have survived the move from Arlington, and are beginning again to have more than we can do. We plan to continue offering counseling services to all who may need them.

Executive Director’s Notes, Cont.

(Continued from page 1)

quickly. We are just about out of the funds from that bequest. We are in need of serious operating fund money. I won’t beat around the bush. We need your help.

I know this is not the best time to ask for money. With so many people out of work and the economy down, it’s not a good time to make an appeal for funds. We are like other non-profits who are hurting also.

Anything that you can do would be a help. One time gifts, or gifts set up in your bill-pay software to donate year round would be so very appreciated.

Many of you have been such good friends of the counseling center over the years. I don’t want to presume on our friendship. I promise you, I hate to ask for money. I can’t begin to thank you enough for your generosity over the years. I hope that you can see it in your heart to consider giving again.

I am reminded of many things that I tell my clients: Famous quotes that come back to bite me—you know where—when life throws a curveball. Things I tell others like:

“Life is a process. You never step in the same river twice.”

In other words things are always changing. Or:

“This is your ‘new normal.’ You will have to learn how to deal with it.”

There may be a lot of things we have to change. We will change as necessary to do our ministry. I hope you can help us again with this service.

Warmly,

Marty Jeane

Last year CSCS Counselors performed 2469 hours of counseling.

CSCS Inc. Income and Expenses

September 1, 2008 through September 1, 2009

Income	Gifts from Individuals	\$	1,425.00
	Student Counseling Receipts		401.00
	Credit Card Receipts less payouts and processing fees	\$	3,337.17
Total Income		\$	5,163.17
Expenses	Specific assistance to Individuals	\$	100.00
	Pension Contributions		6,516.25
	Telephone Service and equipment rental		1,498.24
	Answering Service		1,162.77
	Rental of Counseling Room from WMC		2,400.00
	Liability Insurance		630.00
	Yellow Pages Advertising		864.00
Total Expenses		\$	13,501.66
Net Operating Deficit		\$	(8,338.49)

As you can see from the above statement of income and expenses, CSCS has been in a spend-down mode. This has been our basic approach for the last three years. Our expenses outpace our income by about \$8339 a year. Fortunately, due to a benefactor's bequest, we have had the money available for continued operation.

As you can tell we do have some income. There are a few folks from time to time who do make a contribution. These are greatly appreciated. Our largest source of income is the processing of credit card receipts for the professional counselors who collabo-

rate with Center Street Counseling. This is not enough to survive upon, but it is a help.

We have worked hard to lower our monthly expenses to about \$1125. This is a bare-bones budget. The Executive Director does not receive a direct salary. Since he is appointed by the Bishop of the Central Texas Conference of the United Methodist Church, some provision must be made for a pension contribution to maintain the appointment. This is our largest expense which is sent to the United Methodist Pension Board where it is held in trust for Dr. Jeane. Otherwise, the

Executive Director serves in a volunteer capacity.

Our other expenses are basic operating expenses necessary to run a professional counseling center. The staff and leadership of the Wesley Mission Center and the First United Methodist Church of Mansfield have been so gracious to share their facility and many resources to allow us to practice this ministry of counseling. Their assistance has helped us maintain a low overhead.

**CENTER STREET
COUNSELING SERVICES**

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Mansfield, TX 76063

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*Professional counseling and
psychotherapy*

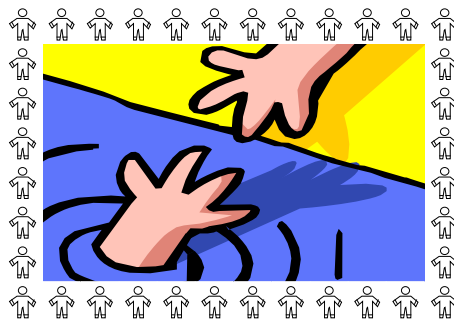


Could We Help Your Church?

who have experienced abuse,
teenagers who are in crisis

Center Street Counseling Services is a 501-c-3 entity incorporated under Texas law as a non-profit ministry corporation. We exist to offer counseling to anyone who may be in need without regard to his or her ability to pay for those services. No one is to be turned away. Over the 26 years in existence, Center Street Counseling Services has worked with over 25,000 different individuals. On any given day our therapists deal with families in crisis, who are at risk of divorce,

with parents, schools and the law, persons who are in danger of suicide or acting out in aggression toward another person, persons who are depressed, persons overwhelmed by life's pressures, patient's dealing with chronic pain and illness, many persons who are unemployed or under employed, persons who are grieving, and many, many others. The wave of human need rushes at times like a tsunami. The above listing is a partial group of people we attempt to help each day.



We are a self-supporting entity. Center Street uses Christian therapists who have a heart for ministry. We have placed professional counselors in several different churches. If your church may be in need of a resident counselor, we may be able to help. Please contact the Executive Director, Marty Jeane at (817) 539-0499. We would discuss how we could do ministry together.

We never ask a church to make a financial commitment to help us directly, though you may want to help pay for those you send to us. Please let us know if we might be able to work together.

Center Street Counseling Services

777 N. Walnut Creek Drive

Mansfield, TX 76063

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Marty Jeane PhD, LPC, LMFT, LPC-S, Executive Director, martyjeane@sbcglobal.net

CSCS is a 501c3 entity all donations are tax deductible

Recently, I was giving an orientation to our new practicum student. I was explaining how we offered counseling services to all who might need help, how we asked people to pay something toward their recovery-even if only a minimal amount-that no one was turned away for inability to pay, how she would be able to slide the sliding scale down to \$1.00 a session or to nothing, if that's all that someone could afford. Her reaction was telling to me. She said, "you don't see that anywhere-that someone can just get help and they not be charged anything."

I thought, "That's true. We really do offer a unique service to our community." We offer professional counseling and psychotherapy to those who are in crisis. Our mission has been that we do that to whoever has the need whether they can afford that or not. No one is turned away for inability to pay for their help. This is our service to the clients.

We also offer training to counselors just starting in the counseling field. We offer a place of supervision and training in professional, compassionate care. I am so glad to say that there are many more counselors working in this community, applying the spirit of CSCS because of the work of Center Street Counseling Services. We have truly multiplied our efforts.

Your gift will help us continue to offer this ministry of helping and training. We appreciate anything that you may be able to do.

Please write in your gift on this form. Tear off the bottom portion of this form for return to us. Keep the top of the form for your receipt. An annual statement of giving will be sent to you.

Thank you for your generous gift.

I am helping Center Street Counseling with a gift of \$_____.

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Center Street Counseling Services

777 N. Walnut Creek Drive

Mansfield, TX 76063

817 539 0499 fax 8174733177

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